



## The Senior's Preschool Program

The Senior's Preschool Program is held on Mondays, Wednesdays, and Fridays from 9am-12noon for students ages 4 to 5. Activities are centered around arts and crafts, music, drama, stories, finger plays, games and free play. The Senior's Program consists of 18 students, one certified lead teacher, and a trained teacher's aide. The daily activities are developmentally appropriate and promote the individual child's physical, intellectual, emotional and social well-being and growth as well as challenging the child's interest and understanding. We have a play-oriented approach in which free play is child-initiated, child-directed and teacher-supported by providing a variety of activities, free choice of groups or solitary, and opportunities to practice skills. All interactions are designed for good self-esteem and positive feelings. **Children must be potty trained.**



### Class Schedule

9:00-9:30	Arrival- Table Activities and Free Play
9:30-9:50	Circle Time
9:50-10:35	Craft and Learning Centers
10:35-10:45	Clean Up and Wash Hands
10:45-11:05	Snacks (see snack sheet)
11:05-11:15	Music and Movement
11:15-11:45	Playground or Gym
11:45-12:00	Closing and Pack Up

**Please note the schedule is subject to change.**





## Preschool Curriculum Seniors (4-5 years old)

Our curriculum is teacher-created and incorporates the standards of learning set by the state of Virginia. Students are exposed to a variety of topics and activities throughout the year. These lessons are based on activities the students will encounter in their kindergarten year.

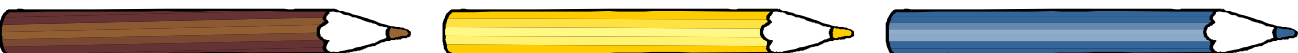
### Mathematics:

- Numbers and Number Sense: Counting orally up to 30, identifying numerals up to 20, describe sets of objects as more or less, add or subtract by one
- Patterns: Identify and continue a pattern, create unique patterns with objects, movements or sounds
- Measurement: Comparing two objects using nonstandard units to determine height, length, or weight. Introduction to the ruler as a tool to measure length.
- Time : Introduction to the parts of the clock and telling time to the hour
- Money: Value of penny, nickel, dime, quarter, and dollar
- Calendar skills: Identify days of the week, months, and seasons
- Geometry: Identify and draw two-dimensional simple shapes
- Data Collection: Participate in gathering data for graphs and tables

### Language:

- Identify letters of the alphabet
- Matching phonetic sounds to letters
- Correct pencil grasp
- Printing uppercase letters of the alphabet
- Printing first name
- Retell and answer questions about a story
- Making predictions about a story
- Rhyming words
- Dividing words into syllables
- Identifying beginning and ending sounds in words

### Science:

- 5 Senses
  - Weather
  - Magnets
  - Properties of Water/ Floating or Sinking
  - Plant Growth
  - Insects/ Butterfly Life Cycle
  - Recycling
  - Ocean Life
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